



郑州郑东新区西亚斯外籍人员子女学校  
SIAS INTERNATIONAL SCHOOL OF ZHENGDONG NEW DISTRICT, ZHENGZHOU

# Newsletter

## 家校通讯录

November 12, 2021

2021年11月12日

## COVID Safety and Testing 新冠疫情防控与核酸检测

This week we continued our nightly deep cleaning of the school. We will continue practicing strict COVID safety protocols. Unfortunately, we cannot have visitors on campus, only employees and students. Our Operations team worked with the local Community to make our school a testing location for students and staff. We hope this was more convenient for you with your busy work schedules.

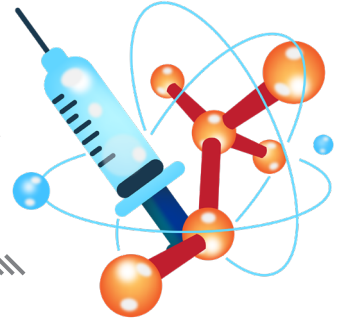
本周，我们持续在夜间进行全校大扫除。我们将继续严格执行新冠疫情安全协议。不过，这段时间校园无法接待访客，只允许员工和学生进入。学校的运营团队与当地社区合作，使我校成为核酸检测点。希望这项工作可以为您带来便利。





# COVID Vaccines for Students Aged 3-11

## 三至十一岁学生新冠疫苗接种



On Thursday, 11/18, we will support the vaccination of students aged 3-11. Please use the below QR code to sign up. The hospital has assigned us three vaccine times.

11月18日(星期四), 我们将鼓励3-11岁学生接种新冠疫苗。请使用以下二维码报名。医院给我们分配了三剂疫苗。

Parents must accompany their children and provide the vaccination passport, the adult and student passport. We will have staff available to support at the hospital. Parents must bring students to the hospital. Please note that lunchtime is 11:40 to 12:10 for PreK to Kindergarten and 12:10 to 12:40 for Grade 1 and up. We hope students can arrive to school in time so as not to miss lunch.

接种时, 每位学生须有家长陪同, 并提供疫苗接种本、家长护照和学生护照。我们将有工作人员在医院提供帮助。家长必须自行带孩子到达医院。请注意幼儿园小朋友的午餐时间为11:40至12:10, 一年级及以上学生午餐时间为12:10至12:40。希望孩子们及时回到学校, 不会错过午餐。

8:00-9:00 AM	Grades 2 and up 二年级及以上年级学生
9:00-10:00 AM	PreK 3 and 4 students 学前教育小班和中班学生
10:00-11:00 AM	Kindergarten and Grade 1 students 幼儿园和一年级学生



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# Surprise Pizza Party 惊喜披萨派对

On Wednesday we had a surprise pizza party to celebrate the students' hard work. The first quarter of the school year has completed. We started with remote learning and then slowly transitioned the kids back to school. Now that we have been in-person learning for the past month, our students have been demonstrating great effort to learn and participate in the units of inquiry.



周三我们举办了一场惊喜披萨派对来庆祝学生们的努力学习。本学年的第一季度已经结束。我们从远程学习开始，然后慢慢地让孩子们回到学校。在过去的一个月里，我们进行了面对面的学习，我们的学生在学习和参与探究单元方面表现出了极大的努力。

# After School Activities (ASAs) Sign Up 课后延时课程报名



**Sias IS**  
西亚斯外籍学校

## ASA Sign Up 课外活动报名表

Scan the QR code and fill in the form.

扫描二维码，填写报名信息。

Registration closes Wednesday, Nov. 17, 5:00 PM

本学季报名截止日期为星期三（11月17）下午5点。

\*Activities are first come first serve.

限制人数的课外活动将按照报名顺序进行分配。







### After School Activity Information Packet—Q2

#### 西亚斯外籍人员子女学校课外活动课程安排表—第二阶段

下午 3:15—4:15

KG—G2 幼儿园大班— 二年级	Monday	Shape4Health 活力运动	Coach Cat	Move it, shake it, get your body moving! Let's have fun while we stay in shape. 跟着节奏, 让你的身体动起来! 让我们在保持健康体态的同时, 也要玩得开心。
		World of Baking 烘焙世界	Mr. Kirsch	Explore the world of baking. Learn to measure and mix ingredients. Roll and cut the batter. Develop your skill working as a team with different partners. Take home and share the results of your work. *This activity has a materials fee of 200 yuan/quarter. 探索烘焙的世界。学会测量和混合配料。揉、切面团。与不同的小伙伴一起发展团队合作的技能。和家人分享你的成果。*此活动每季收取食材费用 200 元。
		Chinese Geography 中国地理	Ms. Echo	Realize Chinese geography to know mountains, rivers, terrain and provinces. 学习了解中国的山川河流、地势地貌。
	Tuesday	Dance 舞蹈	Sias University Teachers	Students will be working with a Chinese music teacher to learn about Chinese music, games, folk songs, dance, and more! 学生将与中方音乐老师一起学习中国游戏、民歌、舞蹈等!
	Wednesday	Board Games 棋盘游戏	Ms. Knobel	Games, games, and more games! What do you want to play? Join us to learn new games and share your favorites! 游戏, 游戏, 游戏! 你想要玩些什么? 快来加入我们, 一起学习新的游戏, 并把你最爱的游戏分享给大家!
		Full S.T.E.A.M Ahead 探索 STEAM 世界	Ms. Shakenya	Be creative and complete hands on activities with weekly a STEAM challenge. 发挥创造力和主观能动性完成本周的 STEAM 挑战吧!
	Thursday	Kickball 踢球	Ms. Dorn	Learn about nature and gardening as you help beautify the world. 了解大自然和园艺知识, 一起让世界更加美丽。
		Coloring Club 色彩俱乐部	Ms. Liz	Show off your inner artist by drawing and coloring. 通过绘画和填色来展示你内心的艺术天赋。
		Nature Club 奇妙大自然	Mr. Kirsch	Learn about nature and gardening as you help beautify the world. 了解大自然和园艺知识, 一起让世界更加美丽。

G3 and above 三年级以上	Monday	Problem-Solving Games and Lego Creations 决策力和乐高创作	Ms. Baker	Challenge your brain with some really fun games, or stack your way to a new creation with Legos. 让你的大脑接受有趣的挑战、用乐高创造出你最满意的作品。
		G4 以上 Choir 合唱团	Ms. Callan	We will sing fun repertoire from all over the world! We will learn how to use our voices in many different ways to create beautiful sounds and sing in harmony. 我们将一起演唱来自世界各地的优美歌曲! 我们以不同的方式让大家呈现出动听的歌声。
		Soccer 足球	Mr. Jonathan	Learn new soccer skills and compete in mini games to increase teamwork. 学习新的足球技能, 参加小型比赛以增强团队合作能力。
	Tuesday	G3 Music Appreciation 音乐鉴赏	Sias University Teachers	Students will be working with a Chinese music teacher to learn about Chinese music instruments, games, folk songs, dance, and more! 学生将与中方音乐老师一起学习中国乐器、游戏、民歌、舞蹈等!
		G4+ Orchestra 管弦乐队	Sias University Teachers	Students will choose an instrument to play in beginning band or orchestra. 学生可以选择一种乐器在初创乐队或管弦乐队中演奏。
	Wednesday	Homework Club 家庭作业俱乐部	Ms. Sally	Homework Club gives you an opportunity to get your homework done while you are still at school. 参加家庭作业俱乐部, 你将可以在校完成家庭作业!
		Cardboard Creations 纸板创作	Mr. Kerrigan	If you can imagine it, you can create it with cardboard! 只要你敢想, 就没有用纸板做不出来的东西!
		Basketball Skills 篮球技巧	Ms. Kalu	Dribble your way into fun by learning the important individual skills needed to play basketball. We will use a variety of drills and games to improve our ball handling and learn to work as a team. 通过学习篮球技能让你的运动充满乐趣。我们将通过花样的训练和游戏来提高控球能力, 并让学生们学会团队合作。
	Thursday	G3-Coloring Club 色彩俱乐部	Ms. Liz	Show off your inner artist by drawing and coloring. 通过绘画和填色来展示你内心的艺术天赋。
		Archery 射箭	Mr. Tyrone	Practice your skills of precision and hand-eye coordination through a fun and competitive olympic activity. Can you get a bullseye? 通过有趣且有竞争力的奥运会项目, 练习你的瞄准和手眼协调能力。你能正中靶心吗?
		Chinese Classics Appreciation — Three Kingdoms 名著赏析—三国演义	Ms. Fiona	Understand and appreciate one of the Chinese classic novels. The class will be taught in Chinese. 本活动讲带领大家了解更多三国时期的历史故事以及风云人物的传奇经历。
		Nature Club 奇妙大自然	Mr. Kirsch	Learn about nature and gardening as you help beautify the world. 了解大自然和园艺知识, 一起让世界更加美丽。

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# Parent-Teacher Conferences 学期中家长会

- ✓ Academic progress 学业情况
- ✓ Holistic progress 综合进展
- ✓ Any specific concerns 一些具体问题
- ✓ Demonstrated leadership 学生领导力

Friday, November 12 11月12日 周五



## Parent Teacher Conferences 家长会

Thank you, parents, for your participation in the conferences. Our teachers really appreciated the opportunity to meet with you on Friday and share about their students. It is important that teachers and families have regular discussions about the progress of students.

感谢家长们的参与。我们的老师非常感谢在周五有机会与您见面并分享学生们的成长。老师和家长们定期讨论学生的进步是很重要的。







# Instructional Highlights for the Week

## 本周教学亮点



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# Lunch Menu

## 菜单

### Week 8 第八周

	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
加 点 Snack	吐司配果酱 Toast with jam 纯牛奶 Milk	蒸紫薯 Steamed sweet potato 纯牛奶 Milk	黏玉米 Corn 纯牛奶 Milk	五香花生 Spiced peanuts *香蕉 Banana 纯牛奶	铁棍山药 Chinese yam 纯牛奶 Milk
中 餐 Lunch	豉油冬菇蒸鸡块 Steamed chicken with mushrooms in soy sauce 海米冬瓜 Haimi white gourd 上汤娃娃菜 Baby vegetable in soup 水果小汤圆 Fruit Yuanxiao 太极米饭 Rice	鸡肉汉堡 Chicken sandwich 水果沙拉 Fruit salad 脆炸薯条 French fries 玉米浓汤 Cream corn Soup	豆角焖面 Braised noodles with beans 五香鸭腿 Spiced duck leg *五香鸡腿 Drunstick 白灼菜心 Braised cabbage 紫菜蛋花汤 Seaweed and Egg Soup	果蔬沙拉 Fruit and vegetable salad 咖喱牛肉饭 Rice with Curry Beef 酥炸鸡柳 Crispy fried chicken fillet 奶油南瓜汤 Cream Pumpkin Soup	萝卜炖羊肉 Stewed mutton with radish 肉末黄豆芽 Minced meat and bean sprouts (Pork&Beef) 香菇菜心 Mushroom and vegetable 泰国香米饭 Thai rice 枸杞银耳汤 Wolfberry Tremella Soup
加 点 Snack	奇异果 Kiwi 红富士 Fuji Apple 酸奶 Yogurt	库尔勒香梨 Pear 甜橙 Orange 酸奶 Yogurt	冰糖木瓜 papaya 香蕉 Banana 酸奶 Yogurt	柚子 Grapefruit 冬枣 winter jujube 酸奶 Yogurt	哈密瓜 Hami melon 石榴 pomegranate 酸奶 Yogurt

### Location 地址

Longhu Middle Ring Road and Chaoyang Road Intersection, Zhengzhou New District, Zhengzhou City, Henan Province, China

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